



Seattle's Sister Cities Associations Publish a Tantalizing, Globe-Spanning Cookbook

October 1, 2021

The Seattle Sister Cities Association, a coalition of twenty citizen-led sister city organizations, has published a new cookbook featuring recipes, anecdotes, and photos from across the globe. *The International Table: Recipes From the Seattle Sister Cities* collects over 100 dishes, all suitable for the home chef, from Cambodia, Cameroon, China, France, Hungary, Iceland, Indonesia, Ireland, Israel, Italy, Japan, Kenya, New Zealand, Norway, Philippines, Poland, Korea, Taiwan, Uzbekistan, and Vietnam.

In addition to the many amateur chefs of Seattle's sister city associations who contributed their own recipes, many professional chefs contributed to the project, including Jp McMahon, author of *The Irish Cookbook* (Phaidon Press, 2020); Marialucia Luongo, author of *Cucinaria: Lettere dalla cucina (Cucinaria: Letters from the Kitchen; 2018)*; Letizia Mattiacci, author of *A Kitchen With A View* (RDJ, 2016) and *Festa Italiana (Madonna del Piatto, 2020)*; and Narin Seng Jameson, author of *Cooking the Cambodian Way: The Intertwined Story of Cooking and Culture in Cambodia* (JSRC Printing House, 2016).

All recipes are accompanied by lush photography and an engaging and historical description of the city of origin. The book is peppered with anecdotes on family and local traditions, cooking tips and tricks, and information on the expansive array of ingredients.

The Seattle Sister City Association's mission is to strengthen relationships between Seattle and its sister cities around the world. With this cookbook, the Association furthers its mission by sharing the food traditions of the paired cities, bringing the flavors of the globe to the tables of Seattle. Breaking bread with strangers has long been a cornerstone to building new relationships and strengthening existing ones.

Chef Kristi Brown, owner and executive chef of Communion in Seattle provides the book's introduction and sums it up best: "In my opinion, Sister Cities are most important for one sole reason: to help us know that we are connected in very real ways. Traveling does that, but food ... does it better Over a life-giving soup, that smile of agreement is all we need to feel connected to one another." Communion was named one of the world's best new restaurants in 2021 by Condé Nast Traveler.

The book is the collaborative effort of all Associations, coordinated by a small, dedicated team of volunteers including the editorial team of Justin Allan-Spencer (Reykjavík, Iceland), June Cutler (Surabaya, Indonesia), Susan Kegel (Nantes, France), Patricia Lichiello (Perugia, Italy) and Thyda Ros (Sihanoukville, Cambodia). The book was designed by Justin Allan-Spencer, book designer at Fantagraphics Books, Inc.

The International Table will be available starting October 1 at book retailers, museums, and cultural organizations throughout Seattle. All proceeds benefit the Seattle Sister City Association and its affiliated organizations. 254 pages, 8" x 10", \$34.99. ISBN 978-1-68396-497-1

About the Seattle Sister Cities Association

Seattle is proud to be a leader in promoting and developing sister city relationships with many international communities. Our program has a strong 60+ year history of connecting Seattlites to the world and shaping Seattle's global image. Each of our sister city relationships is managed by an independent 501(c)(3) non-profit association. Each nonprofit organizes programs, activities, and cultural exchanges with local Seattle residents and friends around the world. The City Council passed a resolution in 1996 adopting a moratorium on new sister city affiliations due to limited city resources and the desire to support the quality of its existing sister city programs.

Seattle is paired with: Be'er Sheva, Israel; Bergen, Norway; Cebu, Philippines; Chongqing, China; Christchurch, New Zealand; Daejeon, Republic of Korea, Galway, Ireland; Gdynia, Poland; Hải Phòng, Vietnam; Kaohsiung, Taiwan; Kobe, Japan; Limbe, Cameroon; Mombasa, Kenya; Nantes, France; Pécs, Hungary; Perugia, Italy; Reykjavík, Iceland; Sihanoukville, Cambodia; Surabaya, Indonesia; and Tashkent, Uzbekistan.

More about Seattle's Sister Cities can be found at seattle.gov/oir/sister-cities/about-seattle-sister-cities and www.seattlesistercities.org and seattlesistercities.org.

About Sister Cities International

In 1956, President Dwight D. Eisenhower founded Sister Cities International, which serves as the national membership organization for over 570 sister cities, counties, and states across the United States with relationships in 2,300 communities in 150 countries. This sister city network unites citizen diplomats and volunteers who work tirelessly to promote peace and understanding through programs and projects focusing on education, youth, arts and culture, and humanitarian assistance. Sister Cities International celebrated its 60th anniversary in 2016.

More information can be found at: sistercities.org

Contacts

Justin Allan-Spencer: justin@justinallan.com | 206-324-4790

Stacey Jehlik: stacey.jehlik@seattle.gov | 206-229-5738

###